



Spiritual Reflection On Spiritual Healing

The man who was blind said 'Lord, let me see again.' Jesus said to him, 'Receive your sight; your faith has saved you.' Immediately he regained his sight and followed Jesus, glorifying God; and all the people, when they saw it, praised God. (Luke 18.41-43)

Father Dan Donovan in his Nov 20, 2023 Daily TV Mass homily offered the following:

Physical healing points to the spiritual healing that Jesus came to proclaim and to pour out and share with those who are seeking it. God is present within us, revealing Himself to us as a God of wholeness and life, of compassion and love. The blind man is given to us a model, one among other things of the perseverance with which Jesus wants us to seek His gifts.

The phrase "Your faith has saved you" recognizes the relationship between the physical and the spiritual. For most of us, our relationship to God is played out on the spiritual level. Since most of us are not recipients of physical healing, ours is more of a spiritual nature. It includes faith, courage and perseverance, generosity and love.

Faith for some people seems to be all but self-evident. That way of thinking has been reinforced over the phrase "the light of faith – a light but of a distinctive nature. It is one that can co-exist with deep darkness. There come times when we realize God is with us in spite of the spiritual darkness in which we might find ourselves. Contemporary culture can leave us at times rather breathless. We need to take time on a regular basis to be still and to listen to our heart and the quiet voice of the Spirit who is always at work with us.

Reflection Questions

1. Recall a moment when you beyond your understanding were led to a new spirit within you. Describe your experience into which God spoke to you more clearly than before.
2. What have you done to bring others - loved ones, close friends or total strangers - back into the light?

Let us pray... Spirit of invitation, grow our hearts with Your love, make us listen more to Your voice and deepen our personal relationship with You. By treading this path of obedience always, may we also become light to others. May Your face shine upon us when we engage in acts of humility, forgiveness, mercy and generosity. Finally, as we celebrate the feast days of Saint Vincent de Paul and Blessed Frederic Ozanam this month (September), let us renew and deeply exemplify their ideals of selfless service to those most in need.

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About the writer: Jose is a chartered professional accountant. He is a member of Saint John of the Cross, Mississauga, Ontario Conference, a member of the Greater Toronto Central Council Spirituality Committee, and President as well as Spiritual Facilitator of the Peel North Particular Council. Aside from the National Spirituality committee, he is member of that Council's Strategic Planning committee. He is also a member of the Catholic Family Services Peel-Dufferin (CFSPD) Board of Directors, and recently appointed as its Board treasurer.

For those interested in contributing spiritual reflections, please email jose.torres@rogers.com. Also, for current and past months' reflections that may be used in group meeting's spirituality segment, please check out Spirituality - Society of Saint Vincent de Paul - National Council of Canada (ssvp.ca).