



Simple Spiritual Reflection

The following spiritual reflections focus on our Vincentian lives, both at a personal level and as members of the Society. They delve, among others, into our common bond in serving others; relationships with our neighbours-in-need and with one another; our journey together toward holiness; and the SSVP mission and selected guiding principles and fundamental characteristics.

Conference and Councils may consider using them in their future regular meeting.

Searching for Him

If through delight in the beauty of these things people assumed them to be gods, let them know how much better than these is their Lord, for the author of beauty created them. And if people were amazed at their power and working, let them perceive from them how much more powerful is the one who formed them. For from the greatness and beauty of created things comes a corresponding perception of their Creator. (Wisdom 13.3-5)

Father Michael Coutts, S.J. in his Nov. 17, 2023 Daily TV Mass homily underscored the following:

It was through the world that God created the whole universe. God created the whole universe in all its beauty. The purpose of creating this beauty was in order that we may use this as a tool and instrument to come to God. When we look at the trees and the sunsets, and all the sunrises, we get fascinated by them. But they are for one purpose, mainly that they should lead us to God.

From our very existence, we search for God just like a moth searches for light, even when it's destroyed in the fire. Searching for God comes very naturally. It is something that we do it at every day of our lives, and sometimes we do it even without realizing.

We, however, need to be warned against nature worship, against idol worship. Rise from the beauty of nature and go to the end for what it was meant – namely the glory and honour of God, in the person of God.

Reflection Questions

1. Where in your life do you search God?
2. Why do you at times find it challenging to fully see Him?

Let us pray... Lord, help us see the light of our faith in our homes, workplaces, local community and society. May we find and experience You in our deepest feelings for those we serve and befriend. Give us the grace of Your spirit to rise above insecurities, pride, self-righteousness and selfishness.

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About the writer: Jose is a chartered professional accountant. He is a member of Saint John of the Cross, Mississauga, Ontario Conference, a member of the Greater Toronto Central Council Spirituality Committee, and President as well as Spiritual Facilitator of the Peel North Particular Council.

For those interested in contributing spiritual reflections, please email jose.torres@rogers.com. Also, please note current and past months' reflections that may be used in group meeting's spiritual segment are now archived at the SSVP National website.