

*SSVP AGA  
SPIRITUAL  
REFLECTION*

*« TOGETHER AS  
FAMILY »*

*Archbishop Emeritus  
Sylvain Lavoie OMI  
June 2019*

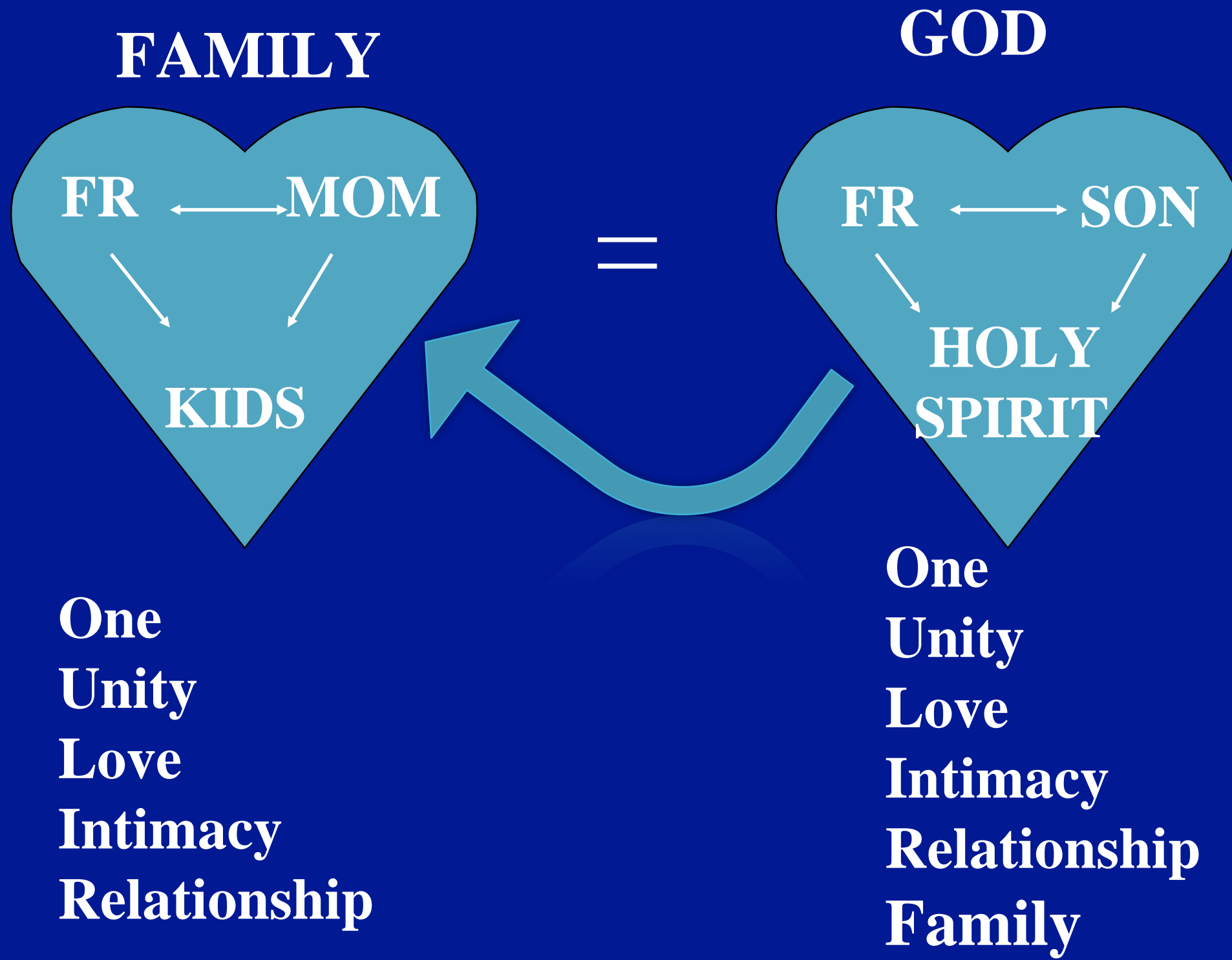








# *PERICHORESIS*





***THE  
TRINITY***

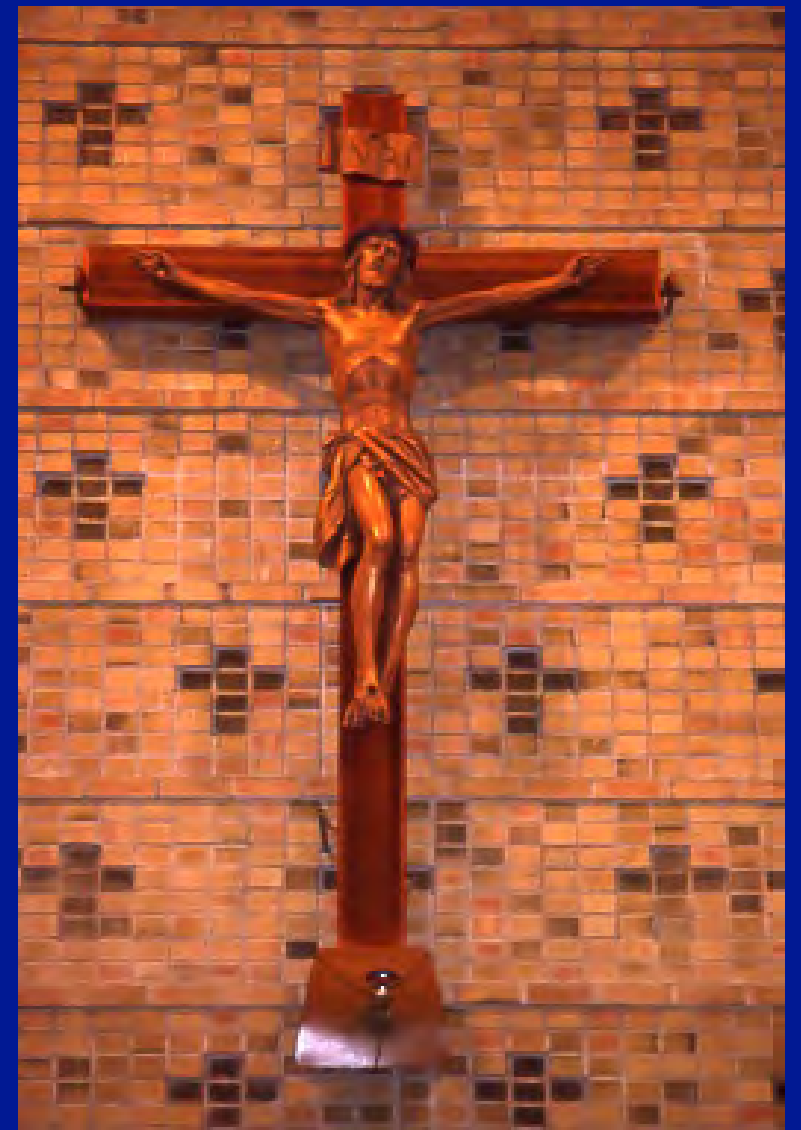
***André  
Rublev***





# *A COMPASSIONATE LOVING GOD*

*When things don't work out  
in my life, or when I am hurt  
and abused, Jesus  
understands because He has  
experienced it and dealt with  
it in the best way possible –  
forgiveness. (Heb 4:14-16)*



# ***HUMAN NEEDS***

❁ To be-loved

❁ To be-long

❁ To be-valued



# ***HUMAN NEEDS and the GREAT COMMAND***

(Mt 22:34-40)

- |                 |   |                |
|-----------------|---|----------------|
| 1. To be-loved  | = | Love God       |
| 2. To be-long   | = | Love Others    |
| 3. To be-valued | = | Love Your Self |

# ***UNMET NEEDS (LACK OF LOVE)***

## **The Original Wound or Core Grief**

- Absent Parents
- Lack of affection
- Rigid families
- Addicted parents
- Trauma, Abuse and Violence
- Dishonesty
- Love present but not available
- Broken families
- Mental Illness/Injury
- Nervous breakdowns
- Neglect
- Criticalness
- IRS
- Family traditions (Kids seen but not heard)
- Culture (gender separation)
- Other ...



# ***THE LOSS OF FAITH***

## **F-H-L PATTERN**

## **D-D-D PATTERN**

❁ **FAITH**



❁ **DOUBT**

❁ **HOPE**



❁ **DESPAIR**

❁ **LOVE**



❁ **DEATH**





# ***UNWRITTEN FAMILY RULES***

- 1. Don't talk**
- 2. Don't trust**
- 3. Don't Feel**





# ***SURVIVAL ROLES***

(Addict and Co-Addict/Codependent)

## **1. THE HERO**



## **2. THE SCAPEGOAT**



## **3. THE LOST CHILD**



## **4. THE MASCOT**



# ***FUNCTIONAL FAMILIES***

- ❁ Expressed affection**
- ❁ Listened to and heard**
- ❁ Blessed and Affirmed**
- ❁ Family activities and prayer together**
- ❁ Feelings shared, validated and respected**
- ❁ Firm discipline and guidance**
- ❁ Appreciation and interest shown**
- ❁ Other .....**

## ***REVERSING THE RULES***

- **Clear communication of thoughts and expectations**
- **Feelings acknowledged, listened to, respected**
- **Trusting and trustworthiness – commitment and confidentiality**



# COMMUNICATING WITH LOVE

( Forgiveness - Mt 18:15-18)

## LOVE IS A DECISION

- Ask permission to share personally.
- “When you ..... (describe the actions of the abuser).
- “I felt/still feel .... (describe your own emotions).
- Add “I’m trying to forgive you.”
- Thank the other for the opportunity to forgive and grow

“To share with expectation is already manipulation”

# ***THE ART OF AN APOLOGY*** (Mt 5:23-24)

- 1. Obtain permission from the other.**
- 2. When I did this (describe the hurtful behavior and the time it happened).**
- 3. How did you feel? (Invite that person to share how your behavior affected them, how they felt/still feel, and soak up their pain).**
- 4. Ask for forgiveness without expectation.**
- 5. *Make a declaration to try never to offend in the same way again.***
- 6. Ask how you can make amends.**



# ***GISELLE: The power of example***







***Jean Vanier***

***St. Mother Teresa***





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